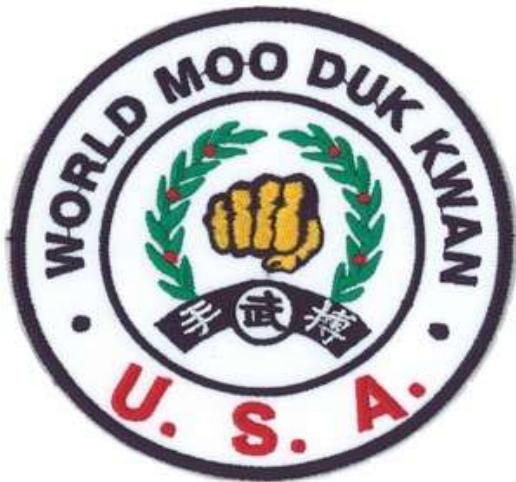


# TRADITIONAL MARTIAL ARTS TRAINING



## CASCADE MOO DUK KWAN

858 ALDER STREET, 2<sup>nd</sup> FLOOR  
BURLINGTON, WA 98233

**CALL OR TEXT with questions**

**(360) 708-4960 administrator    (360) 503-7113 instructor**

| Mon                          | Wed                          | Thurs                         | Fri                           | Sat   |
|------------------------------|------------------------------|-------------------------------|-------------------------------|---|
|                              |                              | Mighty Tigers<br>*10:00-10:45 | Mighty Tigers<br>*10:00-10:45 | Dan Class<br>8:30-10:00 AM                              |
|                              |                              |                               |                               | All Ranks<br>10:15-11:15 AM<br>10 <sup>th</sup> Gup-Dan |
|                              |                              |                               |                               |   |
| Mighty Dragons<br>*5:00-5:45 | Mighty Dragons<br>*5:00-5:45 | Mighty Dragons<br>*5:00-5:45  |                               |   |
| Adult Class<br>6:00-7:00     | Adult Class<br>6:00-7:00     | Adult Class<br>6:00-7:00      |                               |   |

\*Mighty Tigers and \*Mighty Dragons are scheduled to begin in the week of April 14, 2025. Mighty Tigers class is appropriate for **ages 3 – 8**. Mighty Dragons class is appropriate for **grades 1-8**. Both courses cost \$50/month (**plus federation membership for Mighty Dragons**). **Dan & Adult** classes cost \$70/month (**plus federation membership**). **Adult** classes are appropriate for youth red belts and up. Private or semi-private classes can be arranged, for a separate fee, with Lovett Kyo Sa Nim by calling the instructor number listed above.